


HERBalachia™ presents:

**FREE
HERBAL
FESTIVAL**

Free Classes &
Herbal vendors

10am-5pm

SEPT. 20

2025

ERWIN, TN



**HERBAL
FESTIVAL**

Thank you to our wonderful partners and sponsors!



More info: HERBalachia.com/sassyfest

HERBalachia™ *presents:*

**SEPT. 20
2025
ERWIN, TN**



**FREE
CLASSES
NO
REGISTRATION
NEEDED!**



11am

**Home Herbal
Apothecary**

1pm

**Building Resiliency
with Herbs**

3pm

**Ladies Hormone
Balancing with
Herbs**



11am

**Functions of Fungi
in Remediation and
Restoration**

1pm

**Herbal Mutual Aid
and Community
Support**



11am

**Herbal Pathways
to Self**

1pm

**Cultivating Forest
Medicine**

3pm

**Herbal
Preparedness**

More info: HERBalachia.com/sassyfest

Class Schedule and Descriptions



11:00am

Sat. Sept 20

Erwin, TN

Union Street Taproom:

The Home Herbal Apothecary

presented by *Joanna Mann of Walden Farmacy*

Learn how to make your medicine cabinet more resilient by treating with farm instead of pharmacy.

FREE! No Registration required

More Info: HERBalachia.com/sassyfest

Unicoi County Public Library:

Functions of Fungi in Remediation and Restoration

presented by *Rodney Webb of Appalachian Fungi*

Explore the vital role of fungi in ecological restoration and environmental health.

Stegall Pottery Tent:

Herbal Pathways to Self

presented by *Julia Thie: Clinical Hypnotherapist, Gene Key Guide, Wellness Educator*

Rituals of Remembrance - How Herbs Anchor Us To Our True Selves

1:00pm

Union Street Taproom:

Building Resiliency with Herbs

presented by *Seth McLaughlin of Ageless Integrative Medicine and Laser Skincare*

Explore the power of herbs to help us weather life's storms with strength and balance.

Unicoi County Public Library:

Herbal Mutual Aid

presented by *Dr. Sarah Nunez of Aflorar*

The Herbs Have Something To Say: Building Community Care + Mutual Aid Networks During Climate Catastrophes and Political Threats

Stegall Pottery Tent:

Cultivating Forest Medicine

Presented by *Robert Eidus of Eagle Feather Farms*

Learn how to rebuild forest ecosystems and local economies by cultivating medicinal plants like ginseng, jaiogulan, and goldenseal in a sustainable woodland setting.

3:00pm

Union Street Taproom:

Ladies Hormone Balancing with Herbs

presented by *Dr. Michelle Bouton or Erwin Acupuncture*

Feeling out of balance? Let's explore plants that can help balance hormones naturally to support cycle health and fertility as well as smooth the tricky perimenopausal transition.

Stegall Pottery Tent:

Herbal Preparedness for Hard Times

presented by *Lori Collins Jenkins of Sister of Mother Earth*

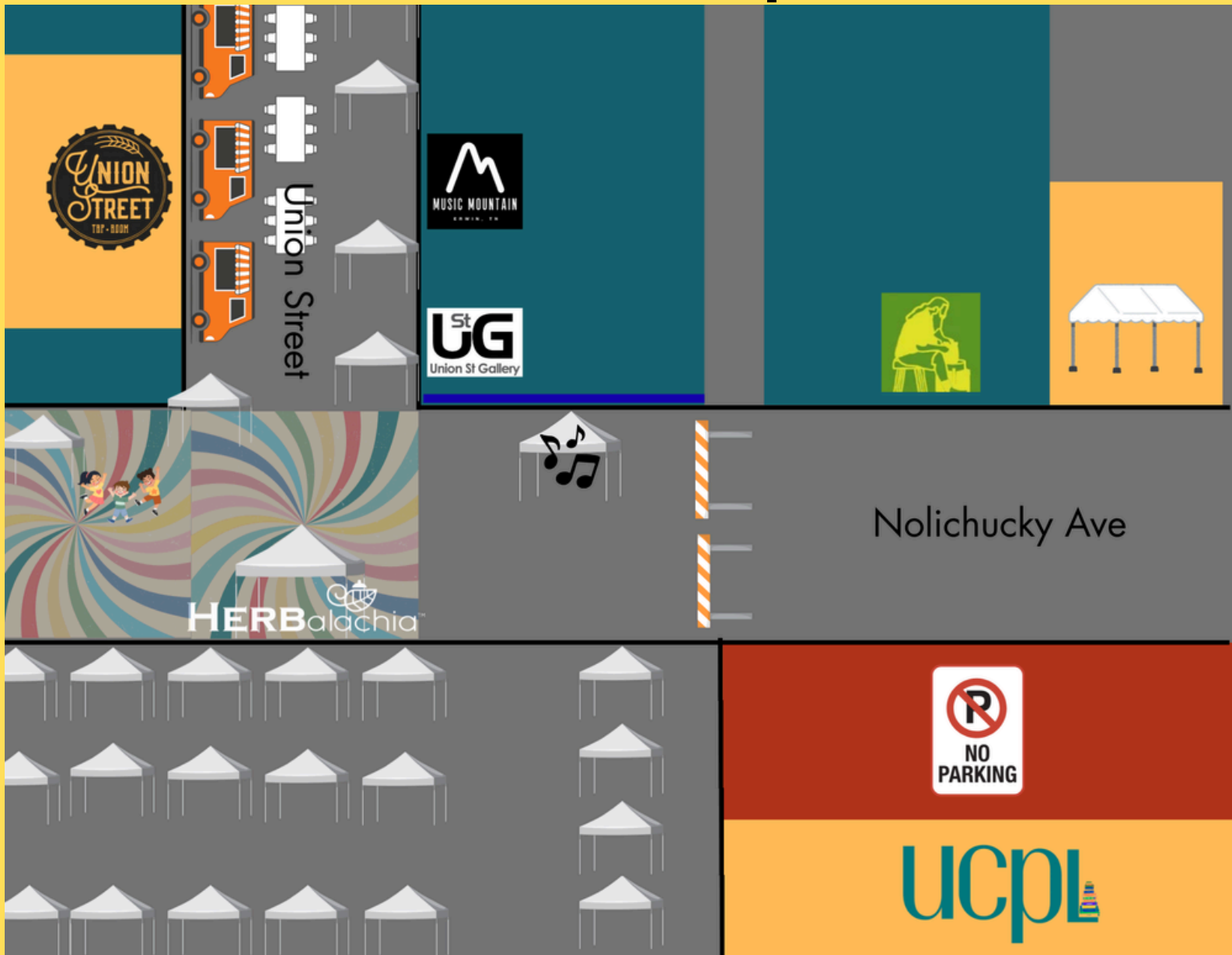
Learn how to stock and use herbs for everyday and emergency needs.



**Free
Parking
all over
town!**



Festival Map



Class Venues:



Union Street Taproom



Unicoi County Public Library



Stegall Pottery Tent



RAFFLE

1 Ticket: \$2

3 Tickets: \$5

10 Tickets: \$10

3 Chances to win

**Herbal products valued
at over \$100**

**RAFFLE OPENS AT 10AM
WINNERS DRAWN AT 4PM**

Name & Email on Ticket

**Come Back at 4pm to see winner and
collect prize**

**Winner will be notified by email if not
present**



Food Truck Options:

Dylan's Asian 1

Fishers NY Style Pizza

Pan De Vida



Downtown Erwin Food Options:

Bellflower Bakery

Groovy Smoothie

Red Fork Restaurant

Steel Rails Coffee



HERBalachia™
**HERBALIST LIFESTYLE
PROGRAM**

**Early Bird pricing
through Nov 30th!
HERBalachia.com*

*Registration
Open Now!*

Schedule: 1 Weekend (Sat/ Sun) per month, 10am-5pm
Dates listed on our website!

Faculty: 10 of our area's leading herbal professionals!

Curriculum:

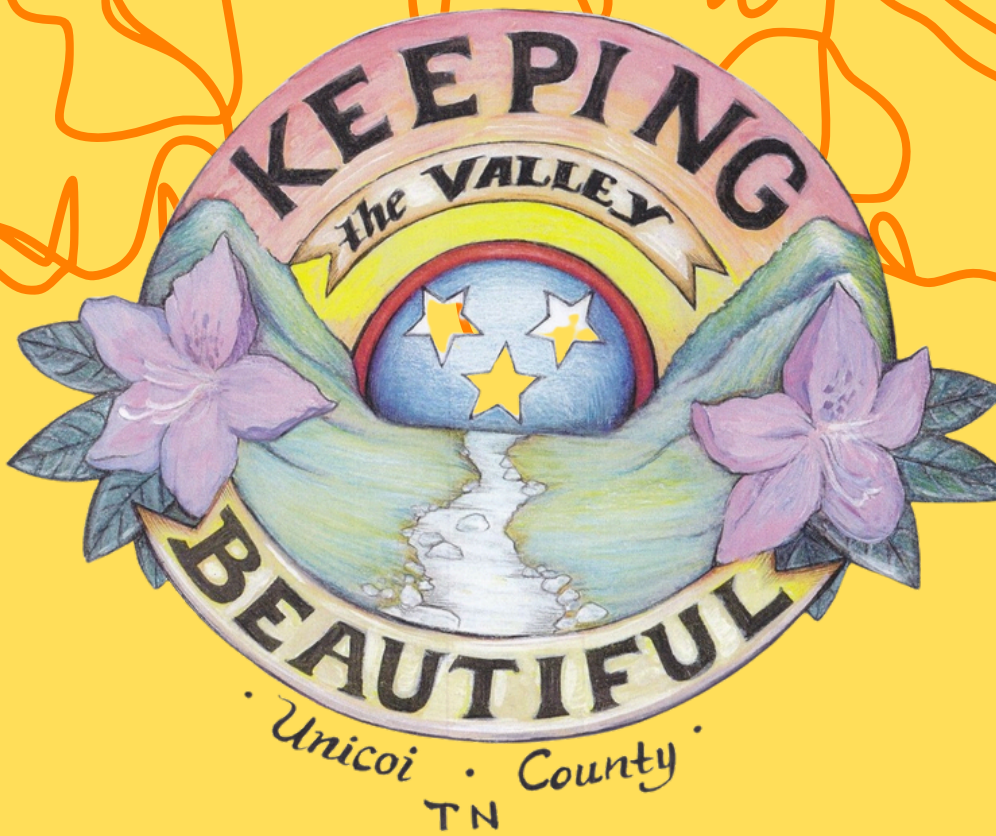
- Focus on 25 edible and medicinal local herbs
- Botany skills to identify plants in the woods
- Foraging and ethical harvesting practices
- Medicine-making and take-home apothecary

More Info and Register: HERBalachia.com

 Festival Special!

Save \$300 on HERBalachia's Herbalist Lifestyle Program when you enroll before 11:59 pm, Sat. Sept. 20—the night of Sassafras Moon Herbal Festival! Visit HERBalachia.com/lifestyle-program, or stop by our booth during the festival to learn more.

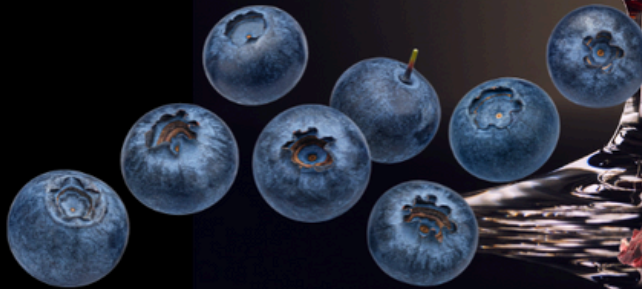
Kid's Zone brought to you by



Appalachian Old Time Music Tent

*Drop in anytime between 10am and 5pm for a
good old fashioned old time music jam session*





Johnson City Brewing
special SassyFest Beer
Blueberry Hibiscus Golden Ale

Served exclusively all day at Union Street Taproom!



Join us for the after party at Union Street Taproom
5pm-7pm
Stick around for karaoke at 7pm



We ♥ our Volunteers

If you would like to volunteer
[Sign up here](#)

FREE T-SHIRT!

